



at the Corner of Rte. 116 & Bay Rd.
1150 West St., South Amherst, MA
(413) 253-9528 www.atkinsfarms.com
OPEN DAILY 7AM - 7PM
Bakery Drive-Thru: Open Daily 5am -1pm
Pizza Shop: Open Daily 11am -7pm
Ice Cream Window: Open Daily 11am -8pm

AUGUST NEWSLETTER

HEALTHY OPTIONS SPOTLIGHT

Looking for healthier options? Here are just a few of our clean options with no additives and no seed oils.

IN THE DELI

Strawberry Spinach Salad

Fresh cut strawberries, baby spinach, red onion, toasted sliced almonds, feta cheese, salt, pepper tossed in our housemade dressing made from olive oil, vinegar, honey, finely chopped shallots and poppy seeds.



IN THE BAKERY

Fogbuster Iced Coffee

Organic Coffee made with our homemade cinnamon brown sugar syrup
Syrup ingredients: brown sugar, water, cinnamon and organic vanilla bean paste.



IN THE GROCERY DEPT.

Smart Juice

100% organic fruit juices made with no added sugar, preservatives, or concentrates.



NEW!!!

ATKINS Farms

★ ★ ★ ★

SMOKED Meats

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CHICKEN WINGS • WHOLE & HALF CHICKENS
BABY BACK RIBS • ST. LOUIS RIBS

JUST HEAT & SERVE

ORCHARD RUN ICE CREAM SHOP

Open Daily 11am - 8pm

Serving Scoops & Smiles



FOLLOW US ON SOCIAL MEDIA FOR WEEKLY SUNDAE SPECIALS

facebook.com/atkinsfarmsmarket
[@atkinsfarmsmarket](https://twitter.com/atkinsfarmsmarket)

Thanks for all the Votes!



**Rte 116 & Bay Road
South Amherst**



**Best Local
Produce
Best Deli**



**Best Farm/Produce
Stand
Best Grocery Store
Best Place to Learn
to Cook
Best Wedding Cakes**

Join us for our monthly

**BEER & WINE
TASTING**

**Saturday, August 15th
from 1-3pm**



STUDENT CARE PACKAGES



Show your hard working college student how much you miss them by sending them a taste of home. Order online, or call us for details to help you get that special gift delivered to any of our local colleges.

Call us at 413-253-9528 or
shop online: shop.atkinsfarms.com

**SNACK PACK
GET WELL PACK
FLOWERS**

**HAPPY BIRTHDAY BASKET
GLUTEN FREE SNACK PACK
BIRTHDAY CAKES**

August 2026

August is National:

Picnic Month
Golf Month
Fishing Month
Peach Month

Customer Appreciation Month

Back to School Month
Eye Exam Month
Family Fun Month
Goat Cheese Month

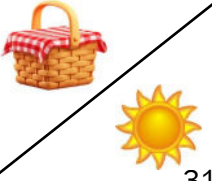
Birthstone:

Peridot

Flower:

Gladiolus



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Atkins Farms...We have something for everyone! Baked from scratch goodies in our Bakery, made to order sandwiches from our award winning Deli, high quality Meat & Seafood, amazing selections in Beer & Wine, fresh cut Flowers, fresh Local Produce, Atkins homemade Fudge and Gourmet Chocolates, Local Maple Syrup, beautifully made Gift Baskets, quality Gourmet Food selections, fresh Cheeses, homemade Pizza and Gift giving ideas throughout our store...				 LEO 7/23—8/22	 VIRGO 8/23—9/22	¹ International Beer Day Browse our great local beer selection CHEERS!
² Bring the colors of outside indoors... Pick up a bouquet of fresh cut flowers or sunflowers.	³ National Watermelon Day What a great way to stay hydrated 	⁴  National Chocolate Chip Cookie Day! Celebrate with Atkins fresh baked cookies!	⁵ Senior Discount Day 10% off! Some exclusions apply. <i>EVERY WEDNESDAY</i>	⁶ <i>Need a gift?</i> <i>Pick up Atkins Gift Baskets or Gift Cards</i>	⁷ 	⁸ International Cat Day 
⁹ National Book Lovers Day It's never a bad time to read a good book. 	¹⁰ It's Customer Appreciation Month! We are thankful to all of our loyal customers. We appreciate your continued support!	¹¹ It's Goat Cheese Month We carry a variety of delicious goat cheeses. Check them out in our new Cheese area!	¹²  Early Apples Coming Soon!	¹³ National Left-Handers Day Being controlled by the brains right side, It is said that lefty's are in their right mind!	¹⁴ Summer is coming to an end. Now is a good time to start canning or freezing local produce!	¹⁵ BEER & WINE TASTING TODAY!!! 1 pm-3pm
¹⁶ National Roller Coaster Day  Get over to Six Flags!	¹⁷ National Massachusetts Day 	¹⁸ National Pinot Noir Day Find your new favorite at Atkins 	¹⁹ National Potato Day There are endless ways to prepare spuds. Atkins has many varieties to choose from.	²⁰ Bacon Lovers Day Who doesn't love Bacon?! Have a Maple Bacon Donut! 	²¹ BUY LOCAL.	²² National Eat a Peach Day 
²³  National Beach Day 30	²⁴  31	²⁵ FUN FACT: <i>The Wizard of Oz</i> opens in theaters, 1939	²⁶ National Dog Day! 	²⁷ Get ready for Labor Day weekend! Time to begin the transition to fall.	²⁸ 	²⁹ Get that last beach weekend in before school 