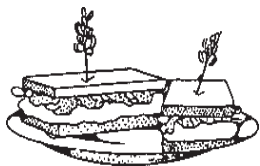




1150 West St. South Amherst, MA

(413) 253-9528

www.atkinsfarms.com



Sandwich Menu

Regular

Half Sandwich	\$5.99
Full Sandwich	\$8.99
Double Meat	\$10.98

Choice of:

Turkey	Tuna Salad	Bologna
Honey Turkey	Egg Salad	Liverwurst
Smoked Turkey	Ham Salad	Hard Salami
Virginia Ham	Chicken Salad	Genoa Salami
Honey Ham	Seafood Salad	McKenzie Meats

Choice of Bread:

White, Wheat, Rye, Pumpernickel, Sourdough, 15 Grain, Ciabatta Roll, Grinder Roll, Bulky Roll, Pretzel Roll, Wrap: White, Wheat, Spinach, Garlic Herb, *Gluten Free Bread

Choice of Cheese:

American, Swiss, Cheddar, Cooper Sharp American, Provolone, Pepper Jack, Mozzarella, Muenster

Choice of Veggies:

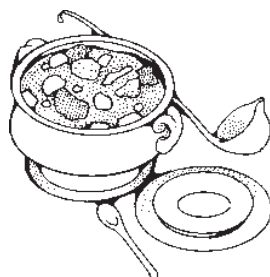
Green Leaf Lettuce, Baby Spinach, Spring Mix, Tomato, Red Onion, Green Pepper, Black Olives, Banana Pepper, Sprouts, Dill Pickle Chips, Cole Slaw

Choice of Condiments:

Mayonnaise, Yellow Mustard, Deli Mustard, Honey Mustard, Dijon Mustard, Ranch, Blue Cheese, Olive Oil, Red Wine Vinegar, Roasted Red Pepper Aioli

SOUP OF THE DAY

Cup (8 oz)	\$3.99
Bowl (12 oz)	\$4.99



Premium

Half Sandwich	\$6.99
Full Sandwich	\$9.99
Double Meat	\$12.48

Choice of:

Grilled Chicken Breast
Pastrami
Corned Beef
Roast Beef
Boar's Head Meats



Add ons:

*Gluten Free Bread (2 slices).....	+\$2.50
Extra Cheese (2 slices).....	+\$1.00
Bacon (4 pieces).....	+\$1.00
Avocado, Hummus or Pesto.....	+\$1.00
Make any sandwich a Panini (includes chips).....	+\$1.00

**BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER
IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.**

Deluxe Sandwiches

HOT SANDWICHES

Toasted BLT.....\$5.99

Meatloaf Sandwich

Served hot or cold.....\$8.99

Chicken Parmesan Sandwich...\$8.99

Breaded chicken breast baked with marinara sauce, lettuce, tomato and topped with melted mozzarella cheese on a bulky roll.

Howard's Choice Club.....\$11.99

Double Decker Sandwich, including one layer of bacon, lettuce and tomato. Second layer choice of ham or turkey with mayonnaise on choice of toast. Includes chips and a pickle spear.

Howard's Choice with Roast Beef.....\$12.99

FROM THE GRILL

Grilled Cheese.....\$5.99

Grilled Cheese with ham or bacon..\$6.99

Cheese Quesadilla.....\$6.99

Chicken Quesadilla.....\$8.99

Quesadillas come with salsa & sour cream

Tuna Melt.....\$8.99

Reuben.....\$10.99

Corned Beef or Pastrami with sauerkraut, melted Swiss and Thousand Island dressing on grilled rye.

Turkey Reuben\$9.99

SMALLER APPETITES

Peanut Butter & Grape Jelly....\$4.99

PANINI SANDWICHES

The Bare Mountain.....\$10.99

Sliced Buffalo Chicken, cheddar cheese, blue cheese dressing and red onion on sourdough bread. Includes chips and a pickle spear.

The Loaded Quarry.....\$10.99

Boar's Head Blackened Turkey, cheddar cheese, and avocado on sourdough bread. Includes chips and a pickle spear.

GRINDERS

Meatball Grinder.....\$8.99

Hot meatballs in Marinara sauce with melted cheese, peppers and onions.

Philly Cheese Steak Grinder....\$9.99

Tender, seasoned top round beef grilled with peppers, onions and mushrooms topped with your choice of melted cheese.

The Italian Grinder.....\$12.99

Genoa salami, bologna, ham, tomato, lettuce, onion, peppers, Provolone and mozzarella cheese, sprinkled with olive oil and red wine vinegar and black olives.

VEGETARIAN

Veggie Burger.....\$9.99

Gardenburger® with lettuce, tomato, red onions and your choice of cheese on a bulky roll.

Chipotle Black Bean Burger....\$10.99

MorningStar Farms® Chipotle Black Bean Burger on a bulky roll with roasted red pepper aioli, your choice of cheese and veggies on a bed of baby spinach.

Veggie Sandwich.....\$7.99

15 Grain bread piled high with lettuce, tomato, red onions, black olives and sprouts, with your choice of cheese. Includes avocado or hummus spread.

**Exclusive Thursday Discount For
Summer at The Carle Visitors**

Call ahead or visit our deli counter to order.



10% OFF

**Atkins Deli Sandwiches,
Soup & Salad Bar items**

USE CUSTOMER LOYALTY # 2472 to apply discount
SELF CHECKOUT: USE CUSTOMER # 0002472

VALID ON THURSDAYS IN JULY & AUGUST 2025 ONLY
Cannot be combined with any other offer or loyalty #

**BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER
IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.**

*Consuming raw or undercooked meats, poultry, seafood, shellfish,
or eggs may increase your risk of foodborne illness.*

*PRICES ARE SUBJECT TO CHANGE
Sandwich Menu 2025 for Eric Carle Summer Picnics.pdf*