



**OPEN DAILY 7AM - 7PM**  
**BAKERY DRIVE-THRU 5AM - 1PM**



**Tastings in the Loft**  
 Join us on Saturday, August 17th  
 from 1-3pm  
 Enjoy delicious beer & wine samples



**1150 WEST STREET | SOUTH AMHERST, MA 01002**  
**413-253-9528 | INFO@ATKINSFARMS.COM**  
**WWW.ATKINSFARMS.COM**

## AUGUST NEWSLETTER

### STUDENT CARE PACKAGES

Show your hard working college student how much you miss them by sending them a taste of home. Order online, or call us for details to help you get that special gift delivered to Amherst College, Hampshire College, Mount Holyoke College, Smith College, or UMass. Below is a sampling of our most popular items ordered. Browse through our website, and you will see how much more we have to offer. Phone 413-253-9528 [www.atkinsfarms.com](http://www.atkinsfarms.com)

Get Well Pak	Snack Pak
Gluten Free Snack Pak	Flowers
Happy Birthday Basket	Birthday Cakes
All Natural Crunchy Snack Pak	
Groceries	<i>...and so much more!</i>

**GIFT CARDS ALSO AVAILABLE**

### Atkins Pizza Shop

**NOW OPEN DAILY 11am - 7pm**  
*Homemade artisan thin crust pizza*  
**Call ahead to order 413-253-9528**



*All of our pizzas feature the freshest, high quality ingredients, including Chef Roger's homemade sauce.*

### Beer & Wine News

August is here and it's grilling season. Atkins has it all. Burgers, chicken, salmon and even meatless burgers that are just delicious. We have local Hadley corn! Grab all the fixings for a salad. Try assembling a cheese board and a baguette. To help wash it all down...hit the beer & wine section! We offer a wide and delicious selection of Rosés at fantastic prices. These wines are refreshing on hot humid evenings, and lively with some back-bone. Pair them with just about anything. Plus a ton of reds and whites in almost all varieties. As for beer, we stock lots of delicious offerings from almost every local brewery in the Valley. Plus an assortment of non-beer alternatives, including a huge selection of seltzers, ciders, hard teas, sours and gluten free.

Cheers!



### No Process Sweet Pickles

- 2 c. white vinegar
- 3 c. sugar
- 1 1/3 tsp. turmeric
- 1 1/3 tsp. celery seed
- 3 T. Kosher salt
- 1 1/3 tsp. mustard seed
- 3 quarts sliced pickling cucumbers
- 1 lg. sweet onion, sliced thin










Combine first six ingredients in a gallon jar. Shake well. Add sliced cucumbers and onion. Stir. Let stand overnight at room temperature. Refrigerate for 4 days, stirring well each day. On the fifth day they are ready to eat. Enjoy!

# August 2024

Atkins Farms...Where the apple  
...is just the beginning!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>August is National:</b> Inventor Month Back to School Month Catfish Month Customer Appreciation Month Admit You're Happy Month Golf Month		 LEO 7/23—8/22	 VIRGO 8/23—9/22	1 <b>It's Customer Appreciation Month!</b> We are thankful to all of our loyal customers. We appreciate your patronage!	2 <b>International Beer Day</b> Celebrate with something local from our expanded beer and wine section. 	3 <b>National Watermelon Day</b> A great way to stay hydrated! 
4 <b>National Chocolate Chip Cookie Day!</b> Celebrate with a cookie from our bakery! 	5 <i>Harvest vegetables daily! Don't let them over ripen. Have too many? Share with Family &amp; Friends.</i>	6 <b>BUY LOCAL.</b>	7 <i>The Purple Heart was created today in 1782</i>	8 <b>International Cat Day!</b> 	9 Atkins has plenty of fresh fruits and veggies that are great for after school snacks.	10 <b>Need a gift?</b> Pick up Atkins Gift Baskets or Gift Cards...
11 <b>Celebrate Panini Month</b> with us! Ask the deli to turn your ordinary sandwich into a panini!	12 July and August on average are the driest months of the year. Make sure you water your garden plants and lawn.	13 Pick up a bouquet of fresh cut flowers or sunflowers! Bring them to a friend and share a smile!	14 <b>It's National Creamsicle Day!</b> Stop by the ice cream shop and try our Orange Creamsicle Shake!	15 <b>Tomatoes Galore Day!</b> Stop in and get local grown tomatoes! 	16 Look for weekly specials on Atkins website! <b>atkinsfarms.com</b>	17 <b>Beer &amp; Wine Tasting in THE LOFT</b> today from 1pm-3pm
18 <b>National Fajita Day!</b> Drop by Atkins to pick up all the fixings to make these tonight. 	19 <b>National Potato Day!</b> There are endless ways to prepare these beauties with plenty of varieties to choose from.	20 <i>Summer is coming to an end. Now is a good time to start canning or freezing local produce!</i>	21 <b>Every Wednesday Senior Discount 10% OFF</b> Excludes everyday lows & sale items.	22 <b>Early Apples Coming Soon!</b> 	23 <b>Birthstone:</b> Peridot  <b>Flower:</b> Gladiolus	24 <b>It's Goat Cheese Month!</b> We carry a variety of delicious goat cheeses. Come check out our selection!
25 <b>FUN FACT:</b> Walking for 12 hours a day, it would take the average person 690 days to walk around the world.	26 <b>National Dog Day!</b> 	27 <b>National Eat a peach day!</b> 	28 <b>More Herbs, Less salt day!</b>	29 <i>Get ready for Labor Day weekend! Time to begin the transition to fall.</i>	30 <b>National Beach Day!</b> Get that last weekend in before the school season. 	31 <b>Bacon Lover's Day!</b> Who doesn't love Bacon?! Try our Maple Bacon Donut! 