Student Care Packages

Show your hard working college student how much you miss them by sending them a taste of home. Order online, or call us for details to help you get that special gift delivered to Amherst College, Hampshire College, Mount Holyoke College, Smith College, or UMass. Below is a sampling of our most popular items ordered. Browse through our website, and you will see how much more we have to offer.

Phone 413-253-9528  www.atkinsfarms.com

- Get Well Pak
- Gluten Free Snack Pak
- Happy Birthday Basket
- All Natural Crunchy Snack Pak
- Groceries

Snack Pak
Flowers
Birthday Cakes
...and so much more!

Gift Cards Also Available

Atkins Pizza Shop

NOW OPEN DAILY 11am - 7pm

Homemade artisan thin crust pizza

Call ahead to order 413-253-9528

Artisan PIZZA

All of our pizzas feature the freshest, high quality ingredients, including Chef Roger’s homemade sauce.

No Process Sweet Pickles

2 c. white vinegar
3 c. sugar
1 1/3 tsp. turmeric
1 1/3 tsp. celery seed
3 T. Kosher salt
1 1/3 tsp. mustard seed
3 quarts sliced pickling cucumbers
1 lg. sweet onion, sliced thin

Combine first six ingredients in a gallon jar. Shake well. Add sliced cucumbers and onion. Stir. Let stand overnight at room temperature. Refrigerate for 4 days, stirring well each day. On the fifth day they are ready to eat. Enjoy!

Beer & Wine News

August is here and it’s grilling season. Atkins has it all. Burgers, chicken, salmon and even meatless burgers that are just delicious. We have local Hadley corn! Grab all the fixings for a salad. Try assembling a cheese board and a baguette. To help wash it all down…hit the beer & wine section! We offer a wide and delicious selection of Rosés at fantastic prices. These wines are refreshing on hot humid evenings, and lively with some back-bone. Pair them with just about anything. Plus a ton of reds and whites in almost all varieties. As for beer, we stock lots of delicious offerings from almost every local brewery in the Valley. Plus an assortment of non-beer alternatives, including a huge selection of seltzers, ciders, hard teas, sours and gluten free.

Cheers!

Tastings in the Loft

Join us on Saturday, August 17th from 1-3pm
Enjoy delicious beer & wine samples

1150 WEST STREET | SOUTH AMHERST, MA 01002
413-253-9528 | INFO@ATKINSFARM.COM
WWW.ATKINSFARM.COM

August Newsletter
# August 2024

Atkins Farms...Where the apple...is just the beginning!

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>August is National: Inventor Month Back to School Month Catfish Month Customer Appreciation Month Admit You’re Happy Month Golf Month</td>
<td>Peach Month Picnic Month Eye Exam Month Romance Month Family Fun Month Goat Cheese Month</td>
<td>LEO 7/23—8/22</td>
<td>Virgo 8/23—9/22</td>
<td>1</td>
<td>It’s Customer Appreciation Month! We are thankful to all of our loyal customers. We appreciate your patronage!</td>
<td>2</td>
</tr>
<tr>
<td>4</td>
<td>National Chocolate Chip Cookie Day! Celebrate with a cookie from our bakery!</td>
<td>5</td>
<td>Harvest vegetables daily! Don’t let them over ripen. Have too many? Share with Family &amp; Friends.</td>
<td>6</td>
<td>The Purple Heart was created today in 1782</td>
<td>7</td>
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<tr>
<td>11</td>
<td>Celebrate Panini Month with us! Ask the deli to turn your ordinary sandwich into a panini!</td>
<td>12</td>
<td>July and August on average are the driest months of the year. Make sure you water your garden plants and lawn.</td>
<td>13</td>
<td>Pick up a bouquet of fresh cut flowers or sunflowers! Bring them to a friend and share a smile!</td>
<td>14</td>
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<tr>
<td>18</td>
<td>National Fajita Day! Drop by Atkins to pick up all the fixings to make these tonight.</td>
<td>19</td>
<td>National Potato Day! There are endless ways to prepare these beauties with plenty of varieties to choose from.</td>
<td>20</td>
<td>Summer is coming to an end. Now is a good time to start canning or freezing local produce!</td>
<td>21</td>
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<td>25</td>
<td>FUN FACT: Walking for 12 hours a day, it would take the average person 690 days to walk around the world.</td>
<td>26</td>
<td>National Dog Day!</td>
<td>27</td>
<td>National Eat a peach day!</td>
<td>28</td>
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</tbody>
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