



1150 West Street  
 South Amherst, MA 01002  
 413-253-9528  
 info@atkinsfarms.com  
 www.atkinsfarms.com

**OPEN DAILY 7am - 7pm**  
*Bakery Drive-Thru: 5am - 1pm*  
*Ice Cream Shop: Noon - 8pm*

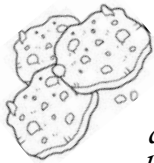
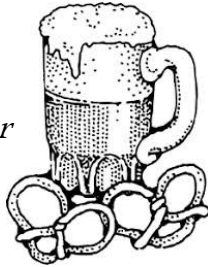
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 Facebook & Instagram!

## JUNE NEWSLETTER

**Father's Day is  
 Sunday, June 16th**  
 Celebrate Dad with his favorite treats!

### PARTY SNACKING BASKET

*Includes salsa and tortilla chips,  
 2 bottles of old-fashioned root beer,  
 kettle chips, dipping pretzels, summer  
 sausage, honey mustard, and  
 chocolate covered grahams.*

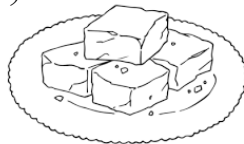


### BAKERY FAVORITES TRAY

*1/2 dozen of our famous cider donuts,  
 double chocolate chip sour cream cake,  
 lemon loaf, pumpkin bread, 3 chocolate  
 chip cookies, 2 brownies, and 2 macaroons.*

### ATKINS HOMEMADE FUDGE

*Made fresh in-house. So many delicious flavors  
 to choose from...Penuche, Chocolate, Maple  
 Pistachio, Chocolate Peanut Butter,  
 and Sea Salt Caramel  
 just to name a few....*



### ATKINS BEER, WINE & CIDER

Not sure what to get Dad? Check out our wide  
 variety of local and New England beers and  
 ciders. We also carry a variety of local wines.



### ALSO AVAILABLE...

*Cakes, Cookies,  
 Garden Plants  
 and much more...*

## Atkins Pizza Shop

**NOW OPEN DAILY 11am - 7pm**  
 Homemade artisan thin crust pizza

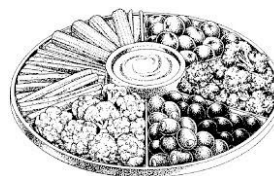


*All of our pizzas  
 feature the  
 freshest, high quality  
 ingredients,  
 including  
 Chef Roger's  
 homemade sauce.*

## Atkins Caters to you for your Graduation needs!

### Atkins Fresh Baked Cakes

Hand decorated with school  
 colors. Please call our bakery for  
 specialty orders and availability!



### Deli Party Platters:

Meat & Cheese, Fruit, Vegetable,  
 Finger Sandwiches, Pastry Platters  
 & many more. Deliciously prepared  
 hot foods also available.

View our Catering Menu on the web at  
[www.atkinsfarms.com](http://www.atkinsfarms.com)  
**TO PLACE ORDERS:**  
 CALL ATKINS at (413) 253-9528

# June 2024

Atkins Farms Country Market...  
...Often imitated, never duplicated!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>It's BBQ Season! Atkins has all of your favorite barbecuing meats, sauces and sides. Ask our butchers for recommendations and their favorite grilling recipes!</p>			<p>GEMINI 5/21 - 6/20</p>	<p>CANCER 6/21—7/22</p>	<p>Congratulations 2024 High school graduates!</p>	<p>1 <b>World Milk Day</b></p> <p>Grab Local Milk at Atkins from Mapleline Farms in Hadley, MA</p>
<p>2 <b>Get that Hadley Grass while you can!</b></p>	<p>3 <b>National Veggie Burger Day</b></p> <p>We have several veggie burger options in the freezer section!</p>	<p>4 <b>National Cheese Day!</b></p> <p>Visit our cheese case and shop over 120 varieties of cheese!</p>	<p>5 <i>Every Wednesday</i></p> <p><b>Senior Discount Day! 10% OFF</b></p> <p><i>Some restrictions apply.</i></p>	<p>6 <b>National Iced Tea Month</b></p> <p>Enjoy a refreshing twist on an old favorite by adding your favorite fresh fruit or mint leaves.</p>	<p>7 <b>It's National Donut Day</b></p> <p>Enjoy a Free Cider Donut with any bakery hot or cold beverage purchase today only! Limit: one per customer.</p>	<p>8 <b>Lyman's Pickles Demo 11-2pm</b></p> <p><b>Best Friend Day</b></p> <p>Treat your bestie to lunch and ice cream at Atkins!</p>
<p>9 <b>June Flower of the Month: Rose</b></p> <p><b>Birthstone: Pearl</b></p>	<p>10 <b>Local Strawberries now arriving!!!</b></p>	<p>11 <b>National Corn on the Cob Day!</b></p> <p>So many ways to make this veggie delicious</p>	<p>12 <b>National Strawberry Shortcake Day!</b></p> <p>Have you tried our fresh baked Baking Powder Biscuits?</p>	<p>13</p> <p>Enjoy a home cooked meal using fresh local</p>	<p>14 <b>FLAG DAY</b></p>	<p>15 <b>Beer &amp; Wine Tasting in The Loft today! 1pm-3pm</b></p> <p><b>Craic Hot Sauce Demo 11-2</b></p>
<p>16</p>	<p>17 <b>In a rush??</b></p> <p>Our Deli area is perfect for on the go eats! Salad bar, Sandwiches, Sushi, and packed sides. Don't forget the drinks!</p>	<p>18 <b>FUN FACT:</b></p> <p>Mr. Potato Head was the first toy to be advertised on TV.</p>	<p>19 <b>Local produce arriving daily!</b></p>	<p>20 <b>First day of summer</b></p>	<p>21</p> <p>Enjoy local produce all year long by learning how to can fruits &amp; vegetables.</p>	<p>22</p> <p>Get outside and enjoy the beauty of the Pioneer Valley! It's Great Outdoors Month!</p>
<p>23</p> <p>30</p>	<p>24</p> <p>Cool off with a treat from our Orchard Run Ice Cream Shop!</p>	<p>25</p> <p>Get your Taco Tuesday on with your favorite salsa from Atkins!</p>	<p>26</p> <p>Stay hydrated on hot days! Eating fresh fruit is a great way to increase your water intake!</p>	<p>27 <b>Sunglasses Day</b></p> <p>Protect your eyes from harmful rays all year round</p>	<p>28 12-4pm</p> <p><b>South Hadley American Legion Post 260</b></p> <p>Donations appreciated at the Mobile Flag Retirement Collection. Handing out hand held American Flags.</p>	<p>29 10-2pm</p>