**JANUARY NEWSLETTER**

**TASTINGS in THE LOFT**
Wine • Local Beer or Cider

Third Saturday of the Month
1-3pm

**Atkins Pizza Pies**
Homemade pan pizza baked in a cast iron pan.
Hours: Friday thru Sunday 11-7
All of our pies feature fresh quality ingredients, including King Arthur flour & Red Rose marinara sauce

<table>
<thead>
<tr>
<th></th>
<th>½ pie</th>
<th>8” pie</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cheese</strong></td>
<td>$6.49</td>
<td>$10.99</td>
</tr>
<tr>
<td>Fresh dough, Red Rose marinara sauce, pecorino romano, mozzarella and Cabot cheddar, plus herbs</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Pepperoni</strong></td>
<td>$6.99</td>
<td>$11.99</td>
</tr>
<tr>
<td>Our cheese pizza topped with pepperoni</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Meat Lovers</strong></td>
<td>$7.99</td>
<td>$13.99</td>
</tr>
<tr>
<td>Our cheese pizza stuffed with Atkins sweet Italian sausage, seasoned hamburger, topped with pepperoni</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Veggie Lovers</strong></td>
<td>$7.49</td>
<td>$12.99</td>
</tr>
<tr>
<td>Our cheese pizza loaded with fresh veggies (sweet vidalia onion, broccoli, red pepper and baby bella/shitake blend of mushrooms)</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Margherita</strong></td>
<td>$6.99</td>
<td>$11.99</td>
</tr>
<tr>
<td>A four-cheese pie (pecorino romano, mozzarella, Cabot cheddar &amp; fresh mozz pearls), marinara sauce and topped with fresh basil</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Roasted Garlic &amp; Onion</strong></td>
<td>$7.49</td>
<td>$12.99</td>
</tr>
<tr>
<td>Our cheese pizza loaded with roasted garlic and fresh sweet vidalia onions</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>White</strong></td>
<td>$6.99</td>
<td>$11.99</td>
</tr>
<tr>
<td>A no red sauce pie, featuring fresh ricotta, shaved parmesan, fresh mozz pearls &amp; garlic olive oil, plus pecorino romano, mozzarella and herbs</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Parking & entrance in upper lot near solar panels.
Exclusive pricing on wine, beer and cider.

Dates and times subject to change.
Follow Atkins Farms on Facebook & Instagram for updates.
### January 2024

**Atkins Farms Country Market...**

*Where local is just the beginning!*

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
</table>
| **Flower of the Month:** Carnation  
Meaning deep, pure love.  
Birthstone: Garnet | **1** Happy New Year!  
We are open 9am—7pm today | Let us shop for you! Atkins offers delivery or curbside pickup. Visit atkinsfarms.com for more info! | **3** Senior Special: Every Wednesday 10% OFF YOUR TOTAL PURCHASE  
*Some exclusions apply* | Help ward off the flu with 7 servings of fruits & vegetables everyday! | **5** | **6** It’s Apple Month!  
An apple a day keeps the doctor away!  
Stock up and enjoy apples to keep cold and flu away! |
| **7** | **8** It’s Retail Baker’s Month!  
Celebrate with something sweet from our bakery! | **9** Make a healthy diet and exercise part of 2024! Get outside for fresh air. | **10** It’s oatmeal month!  
Oatmeal helps lower LDL cholesterol. | **11** It’s National Milk Day today!  
Enjoy a glass of local milk....we have lots to choose from! | **12** National Hot Tea Month  
Stay warm with one of our many herbal teas. | |
| **13** | **14** National Hot Pastrami Sandwich Day  
Call ahead and order from our deli! (413) 253-9528 | **15** Martin Luther King, Jr. Day (Observed)  
National Kombucha Day  
Kombucha, or “booch,” is a lightly effervescent fermented drink with a bold, invigorating taste. | **16** Family or friends under the weather? Send them a fruit basket or a Get Well care package from Atkins! | **17** Senior Special: Every Wednesday 10% OFF YOUR TOTAL PURCHASE  
*Some exclusions apply* | **18** Warm up with our Hot Soup of the Day! | **19** Popcorn Day!  
Atkins carries a variety of popcorn inspired snacks to celebrate! |
| **20** | **21** Beat winter colds with citrus fruits from our produce department! | **22** Balance your life Month  
National Pie Day  
Pick up one of Atkins fresh baked pies to celebrate! | **23** National Peanut Butter Day.  
Have you tried Atkins Fresh Ground Peanut Butter? | **24** Irish Coffee Day  
Maybe not on the breakfast menu but good for a wintery weekend! | **25** The holidays may be over, but the New Year celebration and commitments to our resolutions continue with National Green Juice Day | **26** Today is National Chocolate Cake Day!  
Did you know we bake our cakes from scratch? |
| **27** | **28** Stay active this winter. Try an outdoor winter sport or join a gym. Your body will thank you! | **29** Valentine’s Day will be here soon. Don’t forget your sweetheart! Order fresh flowers, baskets, chocolates & more! | **30** | **31** January is National:  
Book Month  
Soup Month  
Oatmeal Month  
Fat Free Living Month  
Hobby Month | Bread Machine Month  
Retail Bakers Month  
Balance Your Life Month  
Apple Month | Brainteaser Month  
Creativity Month  
Hot Tea Month  
Get Organized Month |